

Sample Accountability Questions:



As previously mentioned, maybe these are discussed in the group to create vulnerability. There may be a question or two that may be better discussed 1 on 1.

Suggestion: Begin by asking

Are you ready to be honest about the following questions I am going to ask?

- It is possible that maybe they are not quite ready to talk about something that might have just happened.
- That is OK. Say we will talk about this later. They may need time to talk to the Lord first.

1. Have you been consistent to spend time in the **Scriptures and in prayer**?
2. Have you been above reproach in your **financial dealings**?
3. Have you spent **quality relationship time** with family and friends?
4. Have you done your **100% best** in your job, school, etc.?
5. Have you told any **half-truths or outright lies** (maybe to put you in a better light to those around you)?
6. Have you **shared the Gospel** with a non-believer this week, or moved toward spiritual conversation?
7. Have you had any **inappropriate attitudes, thoughts, or actions** (opposite sex, same sex, transgender, or masturbation). Have you viewed unhealthy pictures, shows, etc (sexual, violent, negative, etc)?
8. Are you taking care of **your body**?
 - Daily exercise - Good sleeping habits - Following your doctor's orders
 - Eating properly (potential eating disorder issues) - Cutting or any other self-mutilation behavior
9. Have you allowed any person or circumstance to rob you of **your joy**?
10. Are you managing **your time** well?
 - Productive with your time
 - Wasting time away with video games, Facebook, TV, etc
11. Have you been involved in underage **drinking**, drunkenness, smoking, or **drugs**? Have you felt any peer pressure?
12. Have you lied in any of your **answers today**?
13. Is there anything you would like me to keep you accountable for anything new?
14. Have you seen growth in any of your goals?

